

Dealing with Pain

Yo r regular medica ion and if and when o ho ld op aking hem.

When o need o op ea ing or drinking.

If o ho ld be on a speci c die in he da or eek leading p o he rger.

Remo ing nail poli h and make p. Yo r nail ho ho m ch o g en o are ge ing, and o r kin ho ho ell o r blood i circ la ing.

Wha de ice o ri em o need o bring i ho for o r rger, cha a alker. Be re o lea e je elr and o her al able a home.

Yo r op ion regarding ane he ia or eda ion.

Yo r pain con rol plan.

Doc men a ing o r ad ance direc i e and naming o r heal h care pro .

O her q e ion o ha e.

When You Go to the Hospital or Surgery Facility

Take o o and from he ho pi al or rger facili .

Be i h o a he ho pi al or rger facili .

Comm nica e o r pa ien direc i e o he care aff hen o canno .

Remind o o a k q e ion hich help en re o are ge ing he be care po ible.

Tip: Make sure you bring all your medications and medical records with you when you go to the hospital or surgery facility.

Preparing for Surgery

Yo r name and o her informa ion ha can help aff make re o are recei ing he righ care.

The pe of rger o are ha ing and he e ac loca ion on o r bod .

An implan or de ice o ma ha e a are l of he rger .

Con rma ion ha o poke o o r doc or abo an ri k in ol ed, differen care plan a ailable o o , and o r po - rger care plan.

Yo r agreemen o ha e he rger .

Tip: Ask the doctor or nurse about any special instructions you need to follow before surgery.

Someone from o r care eam ill mark he po ha i being opera ed on.

If o are ha ing pine rger, he Informed Con en, X-ra and o her informa ion ill be ed o con rm he e ac place on o r pine in he opera ing room af er o are a leep.

Prior o o r rger, check o make re ha o r rgeon ha all nece ar pine imaging.

A k o r rgeon if he care eam ill ake a ime o righ before o r rger o make re he are doing he rger o agreed o on o r Informed Con en form.

Tip: Make sure you are aware of the location of your surgery and the location of your family and friends.

A k o r rgeon abo an inci ion, drain or line ha ma be made or in er ed d ring o r rger and here he ma be loca ed.